

**JOIN US** for an **accredited symposium** as part of the  
**Diabetes Update 2023 Congress**

# LOOKING AHEAD: Basal Insulin Innovation in Type 2 Diabetes

**FRIDAY, APRIL 14, 2023**

9:00 - 9:55 a.m. ET

InterContinental Toronto Centre or Virtual  
225 Front St W, Toronto, ON M5V 2X3

**A BREAKFAST BUFFET WILL BE SERVED at 8:30 a.m. ET**

## Learning Objectives

After attending the symposium, participants will be able to:

- Discuss the evolution of basal insulin therapy and how it has led to innovative approaches in the management of Type 2 Diabetes
- Apply the 2020-Chapter Update to the Diabetes Canada Guidelines for patients with Type 2 Diabetes and identify the importance of timely basal insulin initiation
- Describe clinician and patient barriers to basal insulin use and potential solutions

## Agenda

Please note that all times are set to Eastern Daylight Time

9:00 a.m.	Welcome and Introductions	Robyn Houlden, MD
9:04 a.m.	The Evolution of Insulin and Why Innovation Matters	Robyn Houlden, MD
9:12 a.m.	Timely Basal Insulin Initiation: A Guidelines-Based Approach	Joanne Liutkus, MD
9:20 a.m.	Case Presentations	Alex Abitbol, MD
9:38 a.m.	Discussion Panel and Q&A	All Faculty
9:55 a.m.	Program Closing	Robyn Houlden, MD

Visit [DiabetesUpdate.ca](https://DiabetesUpdate.ca) to register for the hybrid congress

This activity is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada and approved by the Canadian Society of Endocrinology and Metabolism (CSEM). You may claim a maximum of 1.0 hours (credits are automatically calculated). This program is codeveloped by The CPD Network and CSEM with an unrestricted educational grant from Novo Nordisk, and planned to ensure scientific integrity, balance and objectivity.

This program is supported by an educational grant from Novo Nordisk Canada Inc.

### CHAIR

**Robyn Houlden**

MD, FRCPC  
Kingston, ON



### SPEAKERS

**Joanne Liutkus**

BSc, MSW, MD, FRCPC  
Cambridge, ON



**Alex Abitbol**

MDCM, FRCPC  
Toronto, ON



### PLANNING COMMITTEE

**Robert Goldberg**

MD, MScCH, FRCPC  
Toronto, ON

**cpdnetwork**  
a physician organization

**CSEM + SCÉM**  
The Canadian Society of Endocrinology and Metabolism  
La Société canadienne d'endocrinologie et de métabolisme